

EmTech  
**COMES TO  
TOWN**

High Tech  
**HAUTE  
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OUR GUIDE  
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**FUTURISTIC  
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REVOLUTION**

# techno

*craze*

**THE VIBE**  
WHAT'S BUZZING



## MARBELLA 4DAYS WALKING EVENT TO SAVE THE ENVIRONMENT

Marbella 4Days is an event to save the environment which will take place from October 9 to 12 and involve hundreds of people across various countries. Every day, participants will walk a different, 20-kilometre route, through the beach, city or natural area. Marbella event has been organised alongside the return Marbella, whose Founder, Alejandro Orioli, highlighted us on its importance: "Ecological tourism is a practice that foment an appreciation of Nature, bringing participants to live in a more environmentally sustainable manner and to do their share to save the environment." Participants are invited to donate €5 to the return Marbella, an association which is working to restore lost natural areas in Marbella.

[www.marbella4dayswalking.com](http://www.marbella4dayswalking.com)



## OMA SENIORS CLOTHING LAUNCH AT THE SANYRES RESIDENCE

Have you ever wondered if seniors had special needs when it comes to clothing, you should have attended the recent launch of the new seniors clothes and accessories line by OMA. The brand offers age-adapted wear with design, comfort, elegance and quality as key characteristics. The designers, Chantal Dupont and María Coler, found that the elderly often face the same problems when dressing and undressing, which inspired them to find new solutions. The result is OMA: a series of beautiful yet comfortable items which are guaranteed to make being older a lot less of a hassle. **➔ The clothing can be purchased directly from the designers on Tel: 952 810 201/ 609 433 or via [amasopas@gmail.com](mailto:omasopas@gmail.com)**

## NEW MOBILE SERVICE AND GREAT BACK TO SCHOOL DEAL AT LA GAFA OPTICIANS

La Gafa, the international opticians in La Línea, now provide a mobile service aimed at busy people who don't have time to visit their shop. Just give them a call and they will bring their gorgeous sunglasses to your office or home at a time that suits you. Choose from the latest designs by Dolce & Gabbana, Calvin Klein, Ray Ban, Carrera, Boss, Armani and more. They also have a beautiful range of prescription frames to suit all budgets and exclusively use prescription lenses from Carl Zeiss Vision Group, Germany. Already known for their incredible offer of two for one glasses (from only €79) and free prescription lenses for all designer sunglasses, La Gafa have also announced a further credit crunch busting offer. This autumn it's back to school time and children's glasses start at only €55.

**➔ Urb Bellavista, Sacra, La Línea.  
Tel: 956 764 983.**



## GRATITUDE AND INSPIRATION WORKSHOP

Gratitude Art, a local company dedicated to promoting the concept of thankfulness and positivity, has organised a Gratitude and Inspiration Meditation Workshop at Hotel Selenza on Friday, November 11. The workshop will be led by two acknowledged experts: healer, author and psychologist, Dr. Susan Phoenix and Sound Relaxation Coach and Reiki Master and teacher, Christine Heckel. Those attending should be at the Hotel Selenza by 10am. The workshop will run from 11am to 5pm and the cost is €60 including refreshments. **➔ Tel: 951 712 258/ 600 659 063. [www.gratitudeart.com](http://www.gratitudeart.com)**



## TURBO CHARGE YOUR SALES AND BUSINESS AT A DYNAMIC NETWORKING EVENT

On Saturday October 15, the Hotel Las Piramades in Fuengirola will play host to a networking event that will Turbo Charge your Sales and Business. Whether you want to beat the competition, thrive throughout the volatile economic climate, or need some tips to improve your impact, this seminar will help with it all. Steve Clarke, Europe's leading authority on grassroots sales and marketing strategies, will be giving three presentations. Also participating will be Nikki Pilkington (speaking on social and Internet marketing) and Gill Tiney (speaking on steps to success in networking). Tickets cost only €10 for a full day of information-packed events, with all proceeds going to the charities Cudeca and Positively Pink. The event has been organised by Manifesto Design and This is Spain. **➔ Tickets can be purchased online on [www.turbospain.eventbrite.com](http://www.turbospain.eventbrite.com)**

